Vol. 16, No. 33 Friday, August 21, 2009

Inside



See 'Fitness Tips' for easy, how-to guidelines for stretching your muscles before and after vour workout. **B5**

Education

Language to Go - The Force Development Flight can now lend to active duty members three different language programs: Persian-Farsi, Afghanistan-Pashto and Chinese-Mandarin. You will be able to borrow for two weeks an MP3 with the language program. Located in Hangar 2, Room 103. For more information, e-mail 15mss.dpe@hickam.af.mil.

DSST-Principles of Public Speaking — Speech exams are offered on Wednesdays with the time alternating weekly between 8 a.m. and 1 p.m. Students can schedule an exam via e-mail at 15mss.dpe@hickam.af.mil (include name, last 4 of SSN). Results currently take approximately 10 weeks to get back. Exam is not scored locally.

Spouse Tuition Assistance Program (STAP) — Spouses of active duty Air Force members may be eligible for STAP funds to go to college. Applications will be accepted Aug. 24 to Sept. 11 for classes with a term start date of October, November or December 2009. Application process: Go to https://aiportal.acc.af.mil/stap/. (1) All users must create input into an account. (2) Click on "Apply for TA," fill info, print form and bring signed doc to ED office with LES and POA (if required). For more information, e-mail 15mss.dpe@hickam.af.mil.

CCAF Cutoff Date for fall Diploma Printing — To be considered part of the CCAF April class, CCAF must receive all documentation (official transcripts) for degree candidate submissions by Aug. 28, 2009. This is for diplomas to be printed in October. Hickam's annual CCAF graduation ceremony will be in May 2010. Send questions about CCA

RRIOR

HICKAM AIR FORCE BASE — If you happen to spot Staff Sgt. Scott Yonushonis easing a Harley-Davidson with "ape hanger" handlebars around the base, you'll see more than just another motorcycle enthusiast — you'll be looking at Team Hickam's current Warrior of the Week, a recognition he earned through a some hard work and by demonstrating initiative.

"Scott is an outstanding NCO who is overwhelmingly proficient in his duties and responsibilities," crowed Yonushonis's commander, Lt. Col. Brian Hill, chief of Safety for the 15th Air Wing. "He consistently seeks opportunities to learn more about ground safety, an often overlooked but critically important mission enabler."

Staff Sergeant Yonushonis, a native of DuBois, Pa., has served for eight years in the U.S. Air Force, which he said he joined for "an opportunity to travel and see the world." Though he has been at Hickam Air Force Base only a year, the safety specialist quickly caught the attention of his superiors when he revealed his public speaking abilities and briefed the entire base on this year's 101 Critical Days of Summer Campaign.

"Two of Sergeant Yonushonis's greatest strengths are his innovative spirit and abundant energy to execute new ideas," Lt. Colonel Ball said, noting that Staff Sergeant Yonishonis "brilliantly oversaw" planning and execution of the base's first Joint Motorcycle Rally and Safety Day last May, which was attended by more than 400 DoD riders from across Oahu.

"There are people who get together on the individual bases for



Photos by Senior Airman Gustavo Gonzales

Staff Sergeant Scott Yonushonis, a safety specialist with the 15th Air Wing's Safety Office, was named Warrior of the Week for taking the intiative to plan and operate such safety projects as the first Joint Motorcycle Rally and Safety Day held last May at Hickam Air Force Base. The event drew over 400 motocycle enthusiasts from bases all over Oahu to enjoy food and comraderie and share saftey tips.

rallies and things like that, but we invited riders from all of the bases to come to this rally," Staff Sergeant Yonoshonis said, pointing out that part of his duties include teaching and promoting motorcycle safety at Hickam Air Force Base.

Though he has yet to see the world with the Air Force, Staff Sergeant Yonishonis plans to stay in until he finishes his education. For now, he's enjoying his duty right here in Hawaii with his wife, Laurie, and their children, Kelsy, 16, and Jack, 3.

"My favorite thing about Hawaii is being able to ride my Harley all year," he said, adding that the event



in May at Hickam was so well attended that he and his fellow bikers hope to do it again next year

and make it an annual thing. "Well, it'll be an annual thing if I'm here to run it I guess."

Home treatments help reduce the time you spend sitting in a waiting room

Submitted by 15 MDG

In attempt to make health care more accessible and convenient, the 15th Medical Group has created a Partners in Wellness program. This program, available to all 15 MDG TRICARE Prime enrollees, is designed to give people the resources and knowledge to treat minor illness and injuries at home. When minor complaints are treated at home, it frees up appointments for more complicated medical needs that require the attention of a provider.

third Wednesday of the month, 2-4 p.m., in the MPF Multipurpose Room, and the fourth Wednesday, 5:30-7:30 p.m., at the Human-Performance and Rehabilitation Center known as the H-PARC.

Attendees will receive a "Healthwise Handbook." Many who've already attended the class came away with essential information. One attendee said, "I like the idea of saving mine and my provider's time for things that don't require a physician's care."

Another said, "Great information! Wellness class is held the first and Very Useful!" And a third said, "I recommend this to be part of a starter kit for all families and active duty members upon arrival. This is by far the best medical briefing I have attended."

One of the most useful things to be gained from the class is the medication card. This card makes the holder eligible to get over-thecounter medications such as Motrin, Robitussin and Dimetapp without having to see a physician for a prescription. One of the requirements to get the medication card is to attend the class so patients will have an understanding of how and when to use the card.

One of the examples used in the class is a woman who has been out in the hot sun gardening all day. She comes in and has nausea, dizziness and thirst, and her skin feels cool and clammy. The nurse teaches members to look under heat exhaustion in the "Healthwise Handbook" and decide from there how and where to treat it.

For questions please contact Lt Col Cynthia Robison at 448-6206 or cynthia.robison@hickam.af.mil.



Prize Giveaways

Every month the Hickam Information, Tickets and Travel office offers a prize giveaway drawing to Hickam military ohana. The July winners were Jennifer Ballard (pictured with children) and Gaye Gooch, each winning a Deluxe Travel Bag courtesy of the Ala Moana Hotel. The August giveaway will be two tickets to Hawaii Wet n' Wild Waterpark, a value of \$80. Enter your name at the ITT office at Bldg. 1760 Kuntz Ave, behind the Shopette. Eligibility requirements: Retired living in Hawaii, active duty, Hawaii National Guard & Reserves, DoD civilian and respective dependents assigned to Hickam. No purchase necessary.



Kayak Fishing with Outdoor Recreation

If you love to fish and want a little exercise to boot, this is the trip for you. We'll provide the kayak, fishing gear, bait, transportation and knowledgeable guides will be provided from 9 a.m. to noon, Aug. 30. The cost is \$37, and the deadline to sign up is Aug. 25. Call Outdoor Recreation at 449-5215 for more information.

Explore Shark's Cove with Outdoor Recreation

Explore the tide pools, swim with the turtles and possibly wrestle an octopus at Shark's Cove from 8 a.m. to 3 p.m., Aug. 29, with Outdoor Recreation. Bring snorkel gear, sunscreen and pack a lunch. The cost is \$35, and the deadline to sign up is August 26. For details, call Outdoor Recreation at 449-5215.

Texas Hold'em and Bunko Tournaments

The Hickam Enlisted Club hosts Texas Hold'em and Bunko tournaments for club members on Aug. 28. Check-in time for Texas Hold'em is at 5:45 p.m., and Bunko check-in is at 6 p.m. Games start at 6:15 p.m. Enjoy free pupus and win prizes. For more information, call 448-2271.

Pau Hana Fridays at the Enlisted

Come early and stay late for "Pau Hana Fridays Fri., Aug. 28, at the Enlisted Club. Start with half-price off selected pupus from 4 to 6 p.m. Pupus are free for club members during social hour. Afterwards, enjoy live

music by "Busekrus" on the J.R. Rockers Lanai from 7 to 10 p.m. Stay late and jump on the dance floor with DJ Hype spinning New Skool Hip-Hop from 9 p.m. to 2 a.m. There is no cover charge. For information, call 448-2271, Ext. 227.

UFC 102 at the Enlisted Club

Ultimate Fighting Championship 102 features two fights aired on Spike at the Enlisted Club at 4 p.m., Aug. 29. The event features Couture vs. Nogueira and Jardine vs. Silva. The doors open at 3 p.m. The event is free for Club Members and \$10 for non-members. Call the Enlisted Club at 448-2271 for more information.

Register now for the Hickam **Duathlon at the Fitness & Sports** Center

Register through Sept. 20 for the Annual Duathlon. The Duathlon will be held Sept. 26 at the Hickam Harbor. Call the Hickam Fitness & Sports Center at 448-2214 for more information.

Skate Park Lock-In for Kids

Kids have an opportunity to win prizes and have a sleep-over at the Skateboard Hangar from 10 p.m. to 8 a.m., Aug. 29. There will be pizza, drinks, snacks and breakfast the following morning. The cost is \$25 per person. For more information, call the Hickam Skateboard Hangar at 448-4422.

Protestant Chapel Community "Service By The Sea"

Mark your calendars now for a joint Protestant "Service by the Sea" at 9 a.m., Aug. 23, at Foster's Point followed by food and fun. All three Protestant services are combining for this one special service. Dress for the beach and

BYOC (bring your own chair). Protestant Chapel ministry program leaders will be available with information. Everyone is welcome (rain location-Nelles Chapel). Call the Chapel Center for more information at 449-1754.

AWANA will begin on Sunday, Aug. 23

AWANA Bible Club registrations are being taken at all three Protestant Chapel Service each Sunday through Aug. 23. AWANA begins from 4 to 6 p.m., Aug. 23, at the Chapel Center. Volunteers are also needed. For more information, contact AWANA Commander Lynn Dobry at

dobry@hawaii.rr.com, 808-450-3375, or call the Chapel Center at 449-1754.

Hickam Friends of the Library Host a Book Sale

The Hickam Friends of the Library (HFOTL) are hosting a book sale on from 8:30 a.m. to 2 p.m., Aug. 29, at Hickam Library. Books, magazines, VHS, DVDs and CDs will be available. Call the library at 449-8299.

Glass Bottom Boat Tour

Information, Tickets & Travel invites you to bring the whole family to see the colorful reef life in Kaneohe Bay from 9 a.m. to 12 p.m., Aug. 29. Tour includes roundtrip bus from the Hickam ITT office. The cost is \$15 for adults and \$10 for children, ages 2-11. Call ITT at 448-2295 to make reservations.

Cardio & Sculpt with Belly Dancing

Experience a new challenge with a creative cardio workout doing Belly

See SERVICES, B5

David Kucic, RA, 186, USA (RET)

Accretical Buyers Representative



No Federal endorsement of sponsors Please drink responsibly

FREE VA Home Lean and

Beach, Sep 4, 9 and 18 from 1800-1900.

by calling 213-9

You must register

Market vidlamin.com

First Time Buyer Classes at Hoskslei Country Club in Ewa





Prepare for life's next mission.

Get the quality education you deserve— with the Thomas Edison State College Veterarts Education Program.

et il tar totalaj mai postastra unal caliga codi, cott la tiu, mighting boot lates of posterior but Fallerst of hither combined and order G.L. Edifferents (97).

suda imáis id edinis - Assectato, Baccalina colo, Pitelia is degrado, and Cartificato progrados et beelt in sterood to discool half the constraint were start. distribution of the contract plant is a second contract to

Иний учитий угос незывае инутайсть.



b homeon, cd 1,247,443,24973. antist e**lik**uvukusoiv.











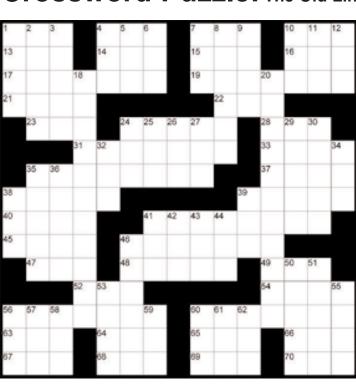
Honolulu Catifie I Distresse I Property Expert Certified Distressed Property Expert \$0\$ 221-3638 healf for Toryal indocuren assuet (908) 21 8-09 38 Augil for Davi Kind o'Strengscriet How can you

Tonya Kucic, RA Accredited Buyers Representative





Crossword Puzzle: The Old Line State's Base



by Capt. Tony Wickman **USAFE Public Affairs**

ACROSS

- 1. 2001 computer
- 4. Sheep's sound
- 7. Oklahoma town
- 10. Feline
- 13. Org. supporting US
- Armed Forces overseas
- 15. Score for Tiger
- 16. Bullring cheer
- 17. Mansions 19. Roof support
- 21. Abominable snowman
- 22. Fink
- 23. Rocky pinnacle
- 24. Destitute
- 28. Music genre
- 31. Stern overhang of a ship
- 33. Middle East gulf
- 35. Brig. Gen. Margaret __;
- 89th AW commander at Old Line State base
- 37. Small children
- 38. Piece of glass
- 39. Heart part 40. 2002 Liotta film
- 41. Col. Paul R. ___; 316th

- WG commander at Old Line State base
- 45. Away from the wind
- 46. German siren
- 47. Tokyo formerly
- 48. Nonchalant 49. Head movement
- 52. Bother
- 54. Fencing sword
- 56. Aircraft control surface for roll or bank
- 60. Lt. Gen. Frank Maxwell ___; Old Line State base namesake
- 63. Mil. field food
- 64. Cardinals great Brock
- 65. Mil. duty status unknown
- 66. Sen.'s congressional counterpart
- 67. Dog or cat
- 68. Canadian prov.
- 69. Taxi
- 70. Writer Rand

DOWN

- 1. UH-1; aircraft assigned to Old Line State base
- 2. Benefit
- 3. Gambling game
- 4. Horse riding equipment

5. Pub order

- 6. USAF PME for E-4s
- 7. Inclined
- 8. "Chocolate Thunder" **Dawkins**
- 9. Region
- 10. Mil. bunk in the field
- 11. Everything
- 12. Golf prop
- 18. VC-25; aircraft assigned to Old Line State base
- 20. VC-137; former POTUS aircraft at Old Line State base
- 24. 22°30' west of due north
- 25. Greek letter
- 26. Listening organ
- 27. Accomplished
- 29. Idolize
- 30. Type of naval officer
- 32. Compute
- 34. US cryptologic org.
- 35. Moby Dick was one
- 36. Used a paddle
- 38. John Wayne's airport, in brief?
- 39. We ___ the Champions
- 41. Internet provider
- 42. ___-Magnon; early man
- 43. Arkansas town SE of Little Rock
- 44. Mythical being
- 46. Body of water
- 50. Musical entertainment 51. Admiral of the Navy
- George 53. A Guthrie
- 55. Sports entertainment station
- 56. Guitar need
- 57. Fury
- 58. Permit
- 59. Acorn or pecan
- 60. MAJCOM Old Line State base is assigned
- 61. Actress Peeples
- 62. Lump

See SOLUTIONS, B5

SUDOKU: FOR SOLUTIONS, SEE SUDOKU, B5

	4		8					1		
		8		7	6			3		
3	7		2	4				6		
						4				
4		3		2		6		5		
		9								
6				1	2		5	7		
2			6	9		1				
5					7		6			

Team Hickam History The Air Force's most historic airfield

August 21, 1939 — The Fire Station and Guardhouse building (original building No. 25) is completed at Hickam Field, at a cost of \$59,362.10, with a stated capacity of "4 trucks, 36 men, and 33 prisoners

August 21, 1959

- Hawai'i was admitted as the 50th state of the United States of America on August 21, 1959 by proclamation of President Dwight D. Eisenhower. In anticipation, the Hawaii Air

National Guard had four pilots standing by at Honolulu Airport. When the official proclamation was delivered, the HIANG pilots scrambled to their waiting F-86Ls and

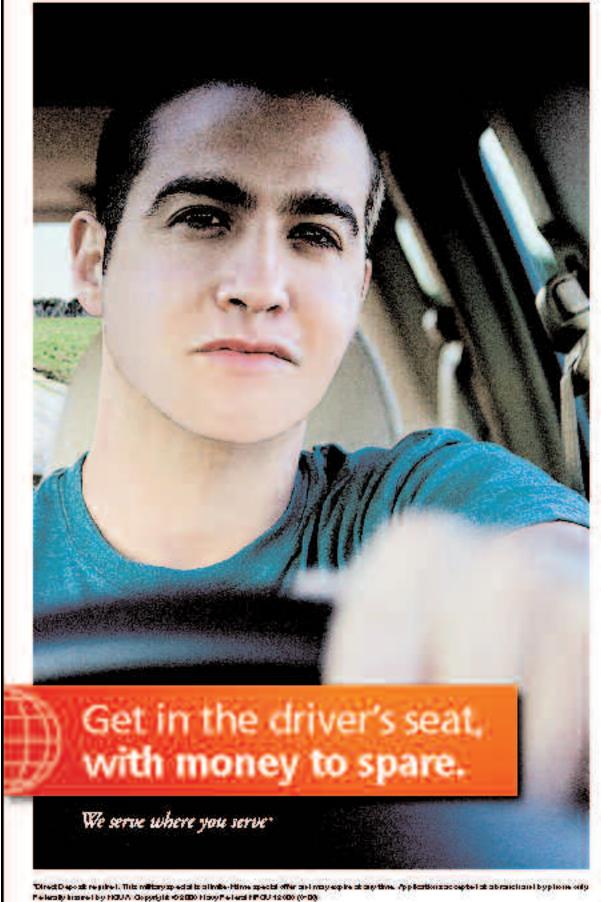
delivered the documents to the mayors of neighboring islands.

August 25, 1994 — The 15th Medical Support Squadron, the 15th Medical Operations Squadron and the 15th

Aerospace Medicine Squadron (predecessor to the 15th Aeromedical-Dental Squadron) are constituted.

August 27, 1952

 The 15th Communications Squadron, Command (predecessor to the 15th Operations Support Squadron), is redesignated the 15th Communications Squadron, Operations.



Active duty, get a 14% APR discount on auto loans!

New used or refinance from another lender

- Fast pre-approvals
- Some of the best rates around
- Major buying power

Not a member? Join today!

Serving Army, Marine Corps, Navy and Air Force active duty, retired, reserve, National Guard, DoD civilians and their families.



1-888-842-6328 navyfederal.org **B4** Friday, August 21, 2009 Hickam Kukini

RELIGIOUS OPPORTUNITIES

For more information on Base Chapel services, call the Chapel Center at 449-1754. After hours emergency Duty Chaplain via Command Post: 448-6900.

CATHOLIC

Nelles Chapel Weekday Mass Mon.-Thurs., 11:30 a.m. Saturday Confessions 4:15 p.m. Saturday Vigil Mass

5 p.m. Chapel Center Sunday Mass 10:30 a.m.

PROTESTANT

Chapel Center Sunday Contemporary Service 8:30 a.m. Nelles Chapel Traditional/Liturgical Service

> 8:30 a.m. Gospel Service 10:30 a.m.

OTHER RELIGIOUS **OPPORTUNITIES**

Buddhist, call 536-7044 Jewish, call 473-3970 Mormon, call 488-2434 Muslim, call 947-6263

RELIGIOUS EDUCATION

(Catholic) Chapel Center Sunday (Sept.-May) 9:00 a.m.

(Protestant) Chapel Center Sunday (Aug.-May) AWANA 4:00 p.m.

Wednesday Sunday School (Sept.-May) Classes 6:30 p.m

THE GATHERING PLACE

Airmen's Dorm Coffeehouse King Hall First Floor Dayroom – Bldg. 1856. All Airmen welcome! Mon.-Thurs. 6-10 p.m.

Fri.-Sat. 6-11 p.m. Free gourmet espresso, cappuc-

cinos, Italian sodas,

Video games, internet, movies and more Dinners every Tuesday at 6 p.m. To Volunteer, call the Hickam

Chapel Center at 449-1754

www.jennyspouse.com



AT THE MOVIES Memorial Theater 448-2297 • CLOSED Monday and Tuesday

I LOVE YOU BETH COOPER

harbors a secret crush on Beth

Cooper, the hottest girl in high

school. During his graduation

who, instead of dissing Denis,

content, brief violence) 98 min

of his life.

Hayden Panettiere, Paul Rust

HARRY POTTER AND THE HALF BLOOD PRINCE

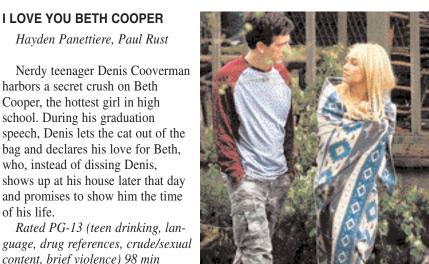
Daniel Radcliffe, Emma Watson

Voldemort is tightening his grip on both the Muggle and wizarding worlds and Hogwarts is no longer the safe haven it once was. Harry suspects that dangers may even lie within the castle, but Dumbledore is more intent upon preparing

him for the final battle that he knows is fast approaching. Together they work to find the key to unlock Voldemort's defenses and, to this end, Dumbledore recruits his old friend and colleague, Professor Horace Slughorn, whom he believes holds crucial information. Meanwhile, the students are under attack from a very different adversary as teenage hormones rage across the ramparts. Love is in the air, but tragedy lies ahead and Hogwarts may never be the same again.

Rated PG (adult language, adult situations) 155 min









608,467,3615

98-019 Kam Hwy

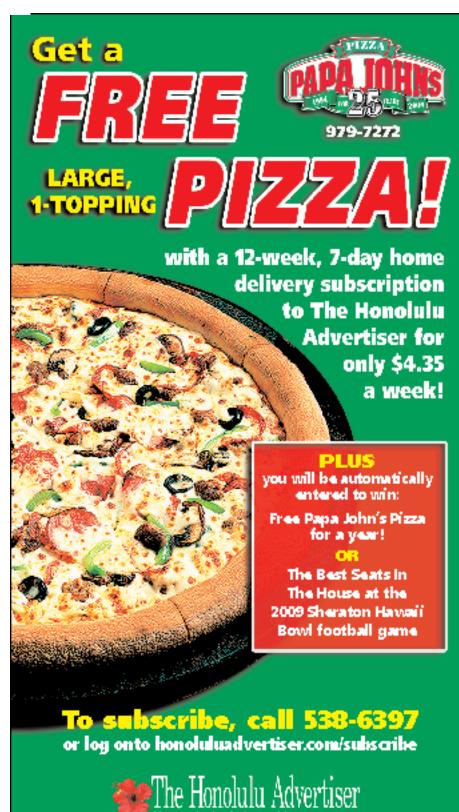
www.BiteShopHawaii.com/infogBiteShopHawaiLcom

808.261.1553

270 Kuulei Road

808 596,0588

1149 5, King St.



Offerwal-informed ional-lettery asts orbitions on Colorody Ministriot I twee been wasts orbit in the post 30 days. Offerwal-full lesipplies and one-life wasts on the wasts of the product of the product of the color of the colo

Hickam Kukini

Friday, Aug. 21, 2009 **B5**



by Airman 1st Class Katrina Plank Assistant Fitness Coordinator and Certified Personal Trainer

With all the working out we do to stay fit it is important to remember to stretch. This should be done on a daily basis to help keep our muscles strong and flexible, and also to decrease tension and stress to our bodies.

The following stretches should be done in either a dynamic stretch or a static stretch. A dynamic stretch means that you are pulling the muscle into the stretch for just a moment and releasing it. A static stretch is holding the stretch without "bouncing" for a few seconds or more.

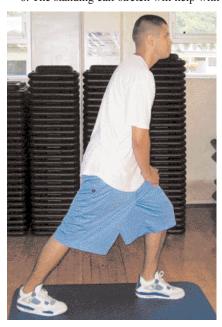
- 1. The first stretch is the cat stretch which is great for stretching out the back. Start out with your hands and knees on the floor and back in a neutral position. The hands should be placed directly under the shoulders and the knees under the hip. Then round your back up as you pull your abdominals into your spine.
- 2. Next is the upper back and bicep stretch. This will help with your upper back and biceps. First stand in a neutral position. Plant your feet firmly in the ground about shoulder width apart for stability and remember not to lock out the knees, but keep a slight bend in them. Now put your hands together in front of you and interlock your fingers so that your palms are facing away from you. Bring your arms up, round your upper back and pull your abs into your spine.
- 4. To stretch out the inner thigh, you will then do the butterfly stretch. Sit on the floor and bring the bottom of your feet together toward you.

Remember to keep the spine neutral. Your knees should be out to the side You can place your hands on your ankles and press your elbows into your thighs as though you are pushing them into the floor.

5. The quadricip stretch will help elongate the front of the thigh. You may want to stand near a wall or chair for balance and support. Stand in a neutral position and bend the knee that is farthest from the wall. Grasp

the foot with the same hand and pull it into your buttocks. Make sure to keep the knee pointing down and that is in line with your hip, then switch legs.

6. The standing calf stretch will help with



any tightness in your calf. Begin by standing in a neutral position. Extend one foot out about two feet in front of you and bend the knee of that leg, but keep the leg behind you straight. Place your hands on your thigh of the leg that is in front of you. Press the heel of the foot behind you into the floor. Do the same thing with the other leg.

- 7. To stretch out the back part of your arm you will perform the tricep stretch. Stand or sit in a neutral position. Bring one arm up next to your head so that your arm is pointing straight up. Bend the elbow so that yourhand is reaching down your back directly behind your head. Now reach over with your other hand and place it on your elbow and press toward your head. Then switch arms.
- 8. To help with your shoulders, you will perform the shoulder stretch. Stand or sit in a neutral position. Bring one arm over so that it crosses over in front of your body. With your other hand reach under and grasp the elbow and make sure that the arm is parallel to the ground. Then press your arm into your body. Repeat with the other arm.

(Model Information if needed) Model: AB Alfredo Jauregui

SERVICES, From B2 -



Dancing. The Belly Dance session is a sixweek course starting on Aug. 31. The classes meet on Mondays from 5 to 6 p.m. and Tuesdays from 6 to 7 p.m. at the Makai Recreation Center. The cost is \$75. For registration, call the Makai Recreation Center at 449-3354.

La Familia Restaurante Mexicano Opens Aug. 28

Come to La Familia's opening today for an authentic Mexican-style restaurant featuring burritos, tamales, enchiladas and Jose's famous "Birria" madedaily. La Familia is located on the beautiful Kealohi Par 3 Golf Course across from J.R. Rockers. For information, call 422-9987.

New Social Hour at J.R. Rockers

Come to J.R. Rockers for the new Social Hour Monday through Thursday from 5 to 6 p.m. Enjoy 50 percent off nachos, 25 cents off sodas and 50 cents off any bar drinks. For information, call 448-2271, Ext. 227.

Ni'ihau Island Tour

See the many hidden treasures of the "for-

SOLUTIONS, From B3 –

USO PAR ESTATES TRESTLE YETI RAT TOR FANTAIL WOODWARD SHARD ACKERLEY ARC ALEE LORELEI ALOOF NAG LERON LOU

bidden island" of Ni'ihau by helicopter and be dropped off on a secluded beach unspoiled by nature. Sept. 12 tour includes airport shuttle, roundtrip air to Kauai, 4-hour Ni'ihau visit via helicopter, overnight stay at the Kauai Hilton Beach Hotel with breakfast and rental car for two. The cost is \$765 per person based on double occupancy. Call Information, Tickets & Travel at 448-2295 to make a reservation. Price and dates are subject to change.

Uncovering the Myths of Alcohol Consumption

A free seminar will be held from 5:45 to 6:45 p.m., Aug. 27, at the Hickam Community Housing Center. Learn why alcohol affects the family environment; learn how to prevent the dangerous risks of binge and heavy drinking. Learn how to take preventative steps to avoid becoming alcohol dependent. Learn how you too can "Live by a Higher Code." Everyone is invited. Free giveaways, food and resources for all participants; sponsored by EUDL. Contact, Marisela Jiménez at 808-218-8492 or marisela.doyle@us.army.mil.

SUDOKU, From B3 -

9	4	6	8	5	3	7	2	1
1	2	8	9	7	6	5	4	3
3	7	5	2	4	1	9	8	6
7	6	2	5	3	9	4	1	8
4	1	3	7	2	8	6	9	5
8	5	9	1	6	4	3	7	2
6	9	4	3	1	2	8	5	7
2	8	7	6	9	5	1	3	4
5	3	1	4	8	7	2	6	9





The Air Force Reserve is offering part-time appartunities for Combat Airman with excellent benefits, including choice of home base, education assistance, secure employment and competitive pay.

Choose your home base and you will not be transferred. Receive low cost TR CARE health insurance. Maintain retirement benefits in most cases you can recain your rank and do not need to repeat basic training. Specific lobs come with a gring bonuses. Continue to build close filandships, serve your country and participate in experiences Unique to the military.

Accompilah extraordinary things i while you achieve your dersonal goals.





(808) 593-1010 | 711 Kapiolani Blvd., Suite 300 | Honolulu (Between Curtis & Cooke Streets) HOURS: M-F 7:30-5:00 p.m.

er sevene serve serve verget i a mer i general per la milion i i per un ben a disciplinario describe i i 2500 formati. Il compare de la milion del milion de la milion del milion de la milion del milion de la milion della milio